

Memoreal Anteunis 26: Session: 2: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 13:30 untill 14:20. Teamleadmeeting @ 14:15 The listed starttimes are indicative!

Coaches: Marquillie Martine HEADCOACH

Coaches: Duck Chantal

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BREASTSTROKE WOMEN 11-17					Heat:7, starttime: 14:43
Heat: 7/12 Lane : 7 Athlete: ZEPHIRIN ASTRID					Q-time: 01:32:23
PB (25m pool): 01:28.43 Brugge 04/10/2026					PB (50m pool): 01:32.82 SB: 01:28.43 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.79		01:28.43	
	00:41.79		00:46.64		
					

Coach feedback:

Event number: 11: 100M BREASTSTROKE WOMEN 11-17					Heat:8, starttime: 14:45
Heat: 8/12 Lane : 4 Athlete: DECUPERE LAURENCE					Q-time: 01:30:48
PB (25m pool): 01:30.48 Temse 17/11/2025					PB (50m pool): 01:35.16 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.42		01:30.48	
	00:42.42		00:48.06		
					

Coach feedback:

Event number: 11: 100M BREASTSTROKE WOMEN 11-17					Heat:8, starttime: 14:45
Heat: 8/12 Lane : 6 Athlete: VERVENNE LOUISA					Q-time: 01:30:77
PB (25m pool): 01:30.77 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:30.29 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.18		01:30.77	
	00:42.18		00:48.59		
					

Coach feedback:

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Event number: 11: 100M BREASTSTROKE WOMEN 11-17					Heat:12, starttime: 14:53
Heat: 12/12 Lane : 1 Athlete: FEYS FARAH					Q-time: 01:20:03
PB (25m pool): 01:20.03 Ettelbruck 19/04/2026					PB (50m pool): 01:24.66 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.86		01:20.03	
	00:37.86		00:42.17		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-17					Heat:9, starttime: 15:11
Heat: 9/11 Lane : 6 Athlete: DE BAL LUCAS					Q-time: 01:18:54
PB (25m pool): 01:15.13 Brugge 04/10/2026					PB (50m pool): 01:19.14 SB: 01:15.13 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.04		01:15.13	
	00:35.04		00:40.09		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:12, starttime: 15:36
Heat: 12/20 Lane : 4 Athlete: ROMBAUT CÉLINE					Q-time: 01:07:88
PB (25m pool): 01:06.91 Brugge 04/10/2026					PB (50m pool): 01:08.74 SB: 01:06.91 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.68		01:06.91	
	00:32.68		00:34.23		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:13, starttime: 15:38
Heat: 13/20 Lane : 0 Athlete: DUMORTIER ELISE					Q-time: 01:07:79
PB (25m pool): 01:07.79 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:07.69 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.55		01:07.79	
	00:32.55		00:35.24		
					

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:19, starttime: 15:47
Heat: 19/20 Lane : 0 Athlete: FEYS FARAH					Q-time: 01:02:02
PB (25m pool): 01:02.02 Ettelbruck 19/04/2026			PB (50m pool): 01:03.87 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.92		01:02.02	
	00:29.92		00:32.10		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:20, starttime: 15:48
Heat: 20/20 Lane : 2 Athlete: DECOUTERE IMANI					Q-time: 01:00:23
PB (25m pool): 01:00.23 Ettelbruck 19/04/2026			PB (50m pool): 01:02.85 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.23		01:00.23	
	00:29.23		00:31.00		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:7, starttime: 16:01
Heat: 7/18 Lane : 2 Athlete: DECOCK CERIEL					Q-time: 01:08:50
PB (25m pool): 01:06.20 Brugge 04/10/2026			PB (50m pool): 01:08.50 SB: 01:06.20 Brugge 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.51		01:06.20	
	00:31.51		00:34.69		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:11, starttime: 16:07
Heat: 11/18 Lane : 0 Athlete: VANDEMAELE EGON					Q-time: 01:03:25
PB (25m pool): 01:03.15 Brugge 04/10/2026			PB (50m pool): 01:03.56 SB: 01:03.15 Brugge 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.29		01:03.15	
	00:30.29		00:32.86		
					

Coach feedback:

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Event number: 14: 100M FREESTYLE MEN 11-17					Heat:14, starttime: 16:11
Heat: 14/18 Lane : 7 Athlete: PICEU SEPPE					Q-time: 01:00:00
PB (25m pool): 01:00.00 Ettelbruck 19/04/2026					PB (50m pool): 01:02.35 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.06		01:00.00	
	00:29.06		00:30.94		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:15, starttime: 16:13
Heat: 15/18 Lane : 4 Athlete: VANDEMAELE JACOB					Q-time: 00:58:77
PB (25m pool): 00:58.22 Brugge 04/10/2026					PB (50m pool): 00:58.77 SB: 00:58.22 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.10		00:58.22	
	00:28.10		00:30.12		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:18, starttime: 16:17
Heat: 18/18 Lane : 2 Athlete: FEYS JONAH					Q-time: 00:54:22
PB (25m pool): 00:53.75 Brugge 04/10/2026					PB (50m pool): 00:54.28 SB: 00:53.75 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:25.85		00:53.75	
	00:25.85		00:27.90		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:18, starttime: 16:17
Heat: 18/18 Lane : 8 Athlete: DECUPERE ALEX					Q-time: 00:54:67
PB (25m pool): 00:54.67 Ettelbruck 19/04/2026					PB (50m pool): 00:55.07 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.57		00:54.67	
	00:26.57		00:28.10		
					

Coach feedback:

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Event number: 15: 100M BUTTERFLY WOMEN 11-17					Heat:6, starttime: 16:29
Heat: 6/9 Lane : 3 Athlete: ROMBAUT CÉLINE					Q-time: 01:19:06
PB (25m pool): 01:15.83 Brugge 04/10/2026			PB (50m pool): 01:19.16 SB: 01:15.83 Brugge 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.53		01:15.83	
	00:35.53		00:40.30		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY MEN 11-17					Heat:7, starttime: 16:48
Heat: 7/9 Lane : 2 Athlete: DE BAL LUCAS					Q-time: 01:11:49
PB (25m pool): 01:07.41 Brugge 04/10/2026			PB (50m pool): 01:13.23 SB: 01:07.41 Brugge 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.52		01:07.41	
	00:31.52		00:35.89		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY MEN 11-17					Heat:9, starttime: 16:51
Heat: 9/9 Lane : 7 Athlete: FEYS JONAH					Q-time: 01:00:64
PB (25m pool): 00:59.76 Brugge 04/10/2026			PB (50m pool): 01:01.75 SB: 00:59.76 Brugge 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.85		00:59.76	
	00:27.85		00:31.91		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:11, starttime: 17:16
Heat: 11/18 Lane : 6 Athlete: DUMORTIER ELISE					Q-time: 01:18:35
PB (25m pool): 01:18.35 LAGO Zwevegem 25/05/2026			PB (50m pool): 01:19.11 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.90		01:18.35	
	00:37.90		00:40.45		
					

Coach feedback:

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Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:12, starttime: 17:18
Heat: 12/18 Lane : 1 Athlete: VERVENNE LOUISA					Q-time: 01:17:30
PB (25m pool): 01:17.30 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:19.42 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.07		01:17.30	
	00:38.07		00:39.23		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:12, starttime: 17:18
Heat: 12/18 Lane : 8 Athlete: ZEPHIRIN ASTRID					Q-time: 01:17:57
PB (25m pool): 01:17.50 Brugge 04/10/2026					PB (50m pool): 01:19.58 SB: 01:17.50 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.93		01:17.50	
	00:37.93		00:39.57		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:14, starttime: 17:23
Heat: 14/18 Lane : 6 Athlete: DECUPERE LAURENCE					Q-time: 01:14:22
PB (25m pool): 01:14.22 Ettelbruck 19/04/2026					PB (50m pool): 01:16.05 SB: 01:15.72 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.32		01:14.22	
	00:36.32		00:37.90		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:18, starttime: 17:31
Heat: 18/18 Lane : 4 Athlete: DECOUTERE IMANI					Q-time: 01:04:81
PB (25m pool): 01:04.81 Ettelbruck 19/04/2026					PB (50m pool): 01:07.14 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.71		01:04.81	
	00:31.71		00:33.10		
					

Coach feedback:

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Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:6, starttime: 17:45
Heat: 6/15 Lane : 9 Athlete: DECOCK CERIEL					Q-time: 01:20:66
PB (25m pool): 01:16.12 Brugge 04/10/2026					PB (50m pool): 01:20.66 SB: 01:16.12 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.19		01:16.12	
	00:37.19		00:38.93		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:10, starttime: 17:53
Heat: 10/15 Lane : 9 Athlete: VANDEMAELE EGON					Q-time: 01:13:52
PB (25m pool): 01:12.72 Brugge 04/10/2026					PB (50m pool): 01:14.66 SB: 01:12.72 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.02		01:12.72	
	00:35.02		00:37.70		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:14, starttime: 18:01
Heat: 14/15 Lane : 8 Athlete: VANDEMAELE JACOB					Q-time: 01:06:36
PB (25m pool): 01:04.86 Brugge 04/10/2026					PB (50m pool): 01:08.92 SB: 01:04.86 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.12		01:04.86	
	00:32.12		00:32.74		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:15, starttime: 18:03
Heat: 15/15 Lane : 1 Athlete: DECUPERE ALEX					Q-time: 01:01:07
PB (25m pool): 01:01.07 Ettelbruck 19/04/2026					PB (50m pool): 01:03.32 SB: 01:01.75 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.89		01:01.07	
	00:29.89		00:31.18		
					

Coach feedback: